



4 Fore Street
Saltash
PL12 6JL
memorybox@cepl12.co.uk
01752 848348

Memory Box is an organisation based in Saltash which provides support and activities for those affected dementia and any other mild to moderate cognitive impairment. We are always happy to welcome new members to attend our activities.

We host a **Memory Box Lunch** every Tuesday from 11.30 am to 1.30 pm at the Community Kitchen, 8 Fore Street, PL12 6JL.

'**Do you mind if I sing**' is a fun singing session which takes place every Wednesday from 10.30 am to 12.00 pm at the Saltash Wesley Church in Callington Road.

We run a **Memory Box Cafe** every Thursday from 10.00 am to 12.00 pm at the Community Kitchen, 8 Fore Street, PL12 6JL.

If you would like more information regarding our activities please contact us via **email** memorybox@cepl12.co.uk or **phone 01752 848348**

Memory Box is part of Community Enterprises PL12



End of report